

# POPE COUNTY RESOURCES

## EMERGENCY

Fire/Police/Ambulance/Sheriff.....	911
Poison Control.....	800.222.1222
National Suicide Prevention Lifeline.....	800.273.8255
Suicide Prevention Resource- TXT4Life: Text "Life" to 61222 to be connected to trained counselors Mental Health Crisis.....	701.364.0431
The Adult and Children's Mobile Crisis Team is available in the community and in emergency rooms 24 hours a day, 7 days a week in Grant, Douglas, Pope, Stevens and Traverse counties.	
Mental Health 24 Hour Emergency Service (Lakeland Mental Health).....	800.223.4512
Pope County Sheriff's Office.....	320.634.5411

## EDUCATION – Early Childhood (ECFE, Head Start, School Readiness), Elementary, Intermediate, High School

ECFE.....	320.239.4820
Early Childhood Special Education.....	320.239.1403
Head Start – West Central MN Communities Action <a href="http://wcmca.org/program_headstart.cfm">http://wcmca.org/program_headstart.cfm</a> .....	218.685.7009
Glacial Hills Elementary.....	320.239.3840
Minnewaska Elementary.....	320.634.4567
Minnewaska Intermediate.....	320.239.1320
Minnewaska High School.....	320.239.4800
WIN Academy.....	320.239.2257
BBE Elementary.....	320.346.2278
BBE High School.....	320.254.8211
PACER Center.....	952.838.9000

## HEALTH – Physical

Alomere Clinic.....	320.763.5123
Alomere Health Hospital.....	320.762.1511
Brooten Medical Center.....	320.346.2272
Glenwood Medical Center.....	320.634.5157
Starbuck Medical Center.....	320.239.2200
Glacial Ridge Hospital.....	320.634.4521
Stevens Community Medical Center – Morris.....	320.589.1313
Stevens Community Medical Center – Starbuck.....	320.239.3939
Glenwood Family Eye Center.....	320.334.3264

## HEALTH – Chiropractors

Glenwood Chiropractic Clinic.....	320.634.4737
Bartell Chiropractic.....	320.634.3000
Johnson Chiropractic and Sports Clinic.....	320.239.4848

## HEALTH – Mental

Lakeland Mental Health – Alexandria.....	320.762.2400
Lakeland Mental Health – Glenwood.....	320.634.3446
Stevens Community Medical Center – Morris.....	320.589.7625
Lutheran Social Service.....	320.762.5124
Solutions Behavioral Health.....	320.762.5411
Village Family Service Center.....	320.762.8851
Community Partners Drop In Center.....	320.634.0888
Psychological Associates of Alexandria.....	320.762.1762
Family Innovations.....	320.759.3096

# POPE COUNTY RESOURCES

Reflections.....	320.759.3013
Lake Region Behavioral Health – Bridgeway Unit.....	218.736.8208
Prairie St Johns – Fargo ND.....	01.476.7216
OutFront MN – Crisis line for LGBTQ support.....	800.800.0350
Veterans Crisis Line.....	800.273.8255

## HEALTH – Dental

Apple Tree Dental and Children's Outreach Clinics.....	877.998.2218
Caring Hands Dental Clinic – Alexandria.....	320.815.5711
Minnewaska Dental.....	320.634.4543
Dental Health Services.....	320.634.3556

## HELPFUL LINKS

Legal Services of Northwest MN – Civil legal services without charge. Call for eligibility.....	800.450.2552
Disability LinkAge Line.....	866.333.2466
Senior LinkAge Line.....	800.333.2433
Veterans LinkAge Line.....	888.546.5838
Father's Resource Program.....	320.762.3031

## FAMILY SUPPORTS AND RESOURCES

Child Care Aware of MN - Child care listings and support for childcare providers.....	800.452.3646
Alexandria Planned Parenthood.....	320.762.0766
Birthright – Alexandria.....	320.762.1224
Minnesota Family Planning Program.....	888.702.9968
Hearts and Hands Food Shelf.....	320.634.3408
Pope County HRA.....	320.634.7847
<b>Pope County Human Services.....</b>	<b>320.634.7755</b>

Child & Adult Mental Health	Minnesota Care	Subsidized Child Care
Emergency Assistance	Child & Adult Protection	Child Care Licensing
Food Support	Child Foster Care	Developmental Disabilities
Adult Foster Care	Parent Support Outreach	Child Support Enforcement
Medical Assistance	Chemical Dependency Services	Senior Services
Cash Assistance	Public Transportation	
Glenwood Public Library.....		320.634.3375
NAPS (Nutrition Assistance Program for Seniors).....		320.634.7755
Rainbow Rider.....		800.450.7770
Salvation Army – Morris.....		320.589.2329
Someplace Safe – Advocacy and Supervised Visitation.....		320.634.3483
24 Hour Crisis Hotline.....		800.974.3359
Plus Kids – Supervised Visitation.....		320.762.4100

<b>Horizon Public Health – Glenwood Office.....</b>	<b>320.634.7822</b>
Child and Teen Checkups	Follow Along – Ages and Stages
WIC	Childbirth Classes
Prenatal and Postpartum Home Visits	Breast Feeding Classes
SHIP (Statewide Health Improvement Plan)	Preschool Screenings
Family Planning Program	Long Term Care Consultation
Home Visiting Program	
Growing Great Kids	
Supporting Hands Nurse Family Partnership	

<b>United Way of Pope Co.....</b>	<b>320.843.7800</b>
Half Pint for Everyone	Adopt a Family
Coat Distribution	Mobile Food Drop
University of MN – Nutrition Education, 4-H Youth Development.....	320.634.7734
Veterans Service Officer.....	320.634.7846

# POPE COUNTY RESOURCES

**West Central MN Communities Action – <http://www.wcmca.org>.....**218.685.4486

Emergency Assistance and Housing	Lead Testing	Early Head Start
MNSure Navigation	Homeless Prevention	Weatherization
FAIM Program	Foreclosure Prevention	Free Tax Clinics
Transportation	Emergency Shelter	Car Care Program

**Workforce Center – Alexandria.....**320.762.7800